

SPIRITUAL ENLIGHTENMENT is NOT the same as intellectual understanding or THE AGE OF ENLIGHTENMENT (the age of reason) which was given by historians to the intellectual movement that was predominant in the Western world during the 18th century, Strongly influenced by the rise of modern science and by the aftermath of the long religious conflict that followed the Reformation, the thinkers of the Enlightenment (called philosopher in France and Aufklärer in Germany) were committed to secular views based on reason or human understanding only, which they hoped would provide a basis for beneficial changes affecting every area of life and thought. The more extreme and radical of them - Denis Diderot, Claude Adrian Helvetius, Baron d'Holbach, the Marquis de Condorcet, and Julien Offray de La Mettrie (1709-51) - advocated a philosophical RATIONALISM deriving its methods from science and natural philosophy that would replace religion as the means of knowing the nature and destiny of humanity; these men were materialists, pantheist, or atheists. Other enlightened thinkers, such as Pierre Bayle, Voltaire, David Hume, and Immanuel Kant, were more moderate. They set limits to human knowledge and, while anti-clerical, were either agnostic or left room for some kind of religious faith.

All of the philosophers saw themselves as continuing the work of the great 17th-century pioneers - Francis Bacon, Galileo, Descartes, Leibniz, Isaac Newton, and John Locke - who had developed fruitful methods of rational and empirical inquiry and had demonstrated the possibility of a world remade by the application of knowledge for human benefit. The philosophers believed that science could reveal nature as it truly is and show how it could be CONTROLLED and MANIPULATED. This belief provided an incentive to extend scientific methods into every field of inquiry, thus laying the groundwork for the development of the modern social sciences.

Spiritual Enlightenment or God-Self-Realization, was/is known as:

1. Garden of Eden
2. Nirvana
3. Kingdom of God (Christian)
4. Heaven
5. Pure Yang Energy (Taoism)
6. Dragon Energy (Taoism)
7. Rest (Matt 11:28, 29)
8. Obtaining The Golden Fleece (Greek Mythology)
9. Revelations
10. Liberation (Buddhism)
11. Attaining Etemal Life - as/in Spirit
12. Samadhi (Hinduism)
13. Holy Communion (Receiving a/the Spiritual Body)
14. Unconditional Love
15. The Covenant (With God)
16. Baptism of/in Spirit (The Holy Spirit)
17. Moksha
18. At-Onement
19. Ones First Love (First and True Condition, Rev 2:4, 5)
20. Paradise
21. Christ Consciousness (Not Jesus)

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| 22. Christ Minded              | (Not Jesus)  |
| 23. God Manifested             |  |
| 24. Cosmic Consciousness       |  |
| 25. Peace - in/of Spirit       | (John 16:33)   |
| 26. Enlightenment              | (Spiritual Understanding With Experience)  |
| 27. The Eternal Here & Now     | (Nostradamus, Kabbalah)  |
| 28. Born Again                 |  |
| 29. Second Man, Heavenly Man   | (I Corinthians 15:47, 48)  |
| 30. Spiritual Body             | (I Corinthians 15:44)  |
| 31. Satori                     | (Usually temporary)  |
| 32. Resurrection               | (Reestablished, Restored, Returned to the Natural Spiritual State as Opposed to Physical / Material State of Mind) |
| 33. Gnostos                    | (Greek - to know ones true condition as spirit)  |
| 34. Universal Mind             | (Moses)  |
| 35. The Way                    | (The way to return to and maintain the spiritual self)   |
| 36. In The Tao                 | (Taoism)   |
| 37. The Wilderness             | (Free from everything except one's own spiritual self)   |
| 38. Immortal Medicine          | (Taoism, Alchemy)  |
| 39. Self-Realization           |  |
| 40. True Hearted               | (Native Americans)   |
| 41. Reality                    | (Only spiritual, consciousness as self-awareness is real, eternal and never changes)                               |
| 42. Truth                      | (The ancient name for absolute reality)  |
| 43. Overcoming The Word        | (Christian)  |
| 44. The Door                   |  |
| 45. God-Union                  |  |
| 46. Crossing The Water / Ocean | (Taoism)   |
| 47. Divine Unity               | (Islam)  |
| 48. The gate To All Wonders    | (Taoism)   |
| 49. The Bright                 |  |
| 50. Fountain Of Eternal Life   |  |
| 51. Self Nature                |  |
| 52. Christ Hood                | (Not Jesus)  |
| 53. Virtue                     | (Socrates, the state of "PURE SELF" without the corporal influence.)   |
| 54. Heart Cave                 | (Buddhism - The center or core of one's own being, not the blood pumping organ)                                    |
| 55. The Law                    | (Ancient Hebrew, Taoism)   |
| 56. The Holy Grail             | (Drinking / Accepting Eternal Life as/in Spirit)   |

57. The Sanctuary
58. The Upper or Inner Room (The highest Chakra or condition of spirit)
59. Be-ingness (Gnosticism, being the eternal true self as opposed to the psychological person-ality.)
60. Divine Grace (Nostradamus)
61. Divine Transfiguration
62. Son / Daughter Of Nature
63. Heaven On Earth (Same as God-manifested)
64. Right Minded (Buddhism)
65. The Holy Place
66. The Holy Land (The true place or domain of/for the spirit of self)
67. The Pathless Land (Buddhism)
68. The Promised Land (The spiritual plane of consciousness, if one returns to one true original spiritual condition)
69. The Void (Taoism)
70. The Desert (The empty place inside except for the spirit of self realization)
71. The Third Heaven (II Corinthians 12:2, 3, 4, 5)
72. The Mountain Top (As opposed to the valley or lower life condition of sensory perception, i.e. Hell)
73. Perfection (John 17:23 and Matt 5:48, The God-self as opposed to the ego self)
74. Conversion
75. Non-be-ing (Taoism not being the false egoic self but being the spiritual self)
76. Walked In/With God (Genesis 5:24)
77. Manna (John 6:31, 32, 33, 34 & John 4:32)
78. Dharma (In Sanskrit it means duty or mode of being , when capitalized it is the attainment / returning to one original God-self-realization)
79. The Living One (Living in the spirit of God-self-realization. John 6:51)
80. The Anointed One (One who is blessed by God. As one returns to ones natural state of spiritual consciousness, one is accepted by God as a son / daughter)
81. Parousia (Greek - The presence or arrival of the Christ state of be-ing)
82. The After Life (The new life in the state of God-self-realization from the old egoic state of existence - not the life after the physical death of the body)
83. The Tabernacle or Temple (God-self-realization is the only true house of God) -(inner temple)
84. Salvation
85. Zion - The kingdom within
86. Moksha - Hinduism
87. Mystic revelation
88. Understanding (SOCRATES and PLATO, not the intellectual understanding that one is spirit, but, the *actual experience* of being IN that state, or condition moment to moment, waking, sleeping or dreaming.)

89. Holy Grail (A literary image for eternal life)
90. Divine transfiguration
91. Meek (Poor in the spirit of the animal desire. But strong in the inner spirit of non-attachment.)
92. Crossing the water From Taoism, same as crossing the void. i.e., from the egoic state of mind to the universal state of mind. From physical experience to spiritual experience and knowledge (enlightenment).
93. Knowledge (SOCRATES and PLATO, not the intellectual understanding that one is spirit, but, the *actual experience* of being IN that state, or condition moment to moment, waking, sleeping or dreaming.)
94. Piety The term used by SOCRATES to represent the non-egoic disposition of anyone who "knows himself," "returns to himself," or "comes to himself" as eternal spirit. (CAME TO HIMSELF is used in the "prodigal son" of the Christian bible.)
95. The "Form of the Good" (Plato, the essence and state of an individual who has attained divine-self-realization.)
96. Arete (Plato, to attain one's highest potential. Goodness, virtue. To Know-Thy-Self as eternal spirit.)
97. Philosophers Stone A metaphor for eternal life. i.e., one's name is carved in stone and is IMMORTAL as eternal spirit. Same as Satori, Nirvana, Heaven, At-onement, etc., etc. (DIVINE SELF-REALIZATION)
98. Wisdom "Hokhma" in Hebrew, a superior reality, not intellectual knowledge, but knowing by actual experience the nature of reality which is consciousness-spirit, same as spiritual enlightenment, nirvana, kingdom of God, heaven, at-onement, etc.
99. The Secret Place of the Most High Psalms 91:1, nirvana, heaven, spiritual enlightenment, true knowledge, etc.
100. Anamnesis Plato, the recollection or "remembrance" (actual experience) of one's own true and natural divine state of being.
101. Final Surrender From Islam, the final stage when one becomes firmly established in God-union - not the intellectual acceptance - but the actual moment-to-moment of divine transfiguration. (i.e., one becomes the universal *self* or *God* incarnated). "No God but God" only when one attains (returns) to actual spiritual God-union, (also called nirvana, satori, heaven, at-onement, etc.) Does God become "*real*" until then? God is a mental concept of a separate being. God does not exist...until one becomes God.

In any and all of the true states, phases, levels or degrees of spiritual enlightenment, God-self-realization, there are fundamental insights and revelations, they are: Knowing that one is eternal, that one will not and cannot die or be killed even though the physical body vessel / temple will someday end. One also realizes (Intuits) that there are no places as Heaven or hell. They only existed because the psychological-person-ality existed (i.e., your old unnatural egoic self).

There is no longer any fear, anxiety or depression, there is no longer anything called space, time and/or infinity, which are all concepts of the psychological person-ality. One is no longer controlled by thoughts and past memories and the bad habits of the physical body (Divine Animal). One may receive additional insights and revelations on the nature of the universe or any subject depending on one's past karma and purpose in the earth plane.

With true understanding and wisdom one is equivalent to a prophet, oracle, saint, and sage and is qualified to teach others the way back to a natural life.

Any person, male or female, who attains (actually returns to) God-Self-Realization, also called spiritual - enlightenment etc,etc, in any phase, degree or level are/were called: saints, sages, prophets, wisemen, seers, a Christ, a Buddha, a dragon (Taoism), son / daughter of God or Zeus (greek), a shien (Taoism), a brahmin or brahman (Hinduism), the anointed one, a messiah, an avatar (One who returns to the earth to update spiritual teachings), a gnostic (One who knows by achievement, not just intellectually). God manifested or Godman, and divine mother (For women).

God-Self-Realization, spiritual enlightenment, transpires through THREE stages or phases which was indicated by all the ancient religions in one form or another.

### 39. Enlightenment

The THREE levels, stages or phases were stated in Christianity, Islam, Buddhism, Hinduism, Taoism, Zen, the Greek mystic schools, Kabbalah, and others.

Again, in all THREE levels, stages or phases the following insights are received, one is eternal, one is not the physical body, (Male or female), there is no heaven or hell as places, time, space and infinity exist only in creation, but not in the spiritual condition, i.e. God-self-awareness which is prior to creation. Your old self (*Your name here*) was just a concept which was self created by the body-brain and is not the real and eternal you (Self).

— THE FIRST —

(First Heaven)

THE FIRST LEVEL, STAGE OR PHASE OF SPIRITUAL ENLIGHTENMENT, AND SPIRITUAL UNDERSTANDING IS:

Self awareness (The real you, when not associated and not identified with the physical body and brain) suddenly shifts or changes from being the body person-ality to a witness in a place deep inside the center of the head (brain) behind the face and eyes and far below thoughts and concepts which seem to pass or float by far overhead as clouds would do in the sky. One is no longer associated with or attached and controlled by the physical body and brain with its habits, thoughts, and biological impulses (sex drive), but remains centered as the INNER WITNESS and does not need to accomplish or search for anything any longer, one simply RESTS in this state or condition which feels perfectly natural, one can use the physical senses, but is not dependent on them for information on how to live and understand the material realm. One has a sense of universal awareness and is not limited by the physical body-brain any longer, one knows (spiritually intuitively) that one will and or cannot die. One knows that one's self is the same as the universal self, which is called God by others. One is prior to space, time and infinity and ever present in the eternal HERE AND NOW, one can shift one's awareness to anything or any event in creation and simply understands it. One knows that heaven and hell are not places but are concepts of the psychological person-ality. In this first level, stage, or phase the person simply continues to meditate which is the practice of what is called the WAY.

The WAY is the universal spiritual understanding and wisdom of the free and eternal soul (the Self) to experience the material plane of existence but not to identify with the physical body-brain (divine animal) and there by eventually forgetting one's true and original natural state as eternal spirit-Self-Awareness.

Note: Meditation is not relaxation, but the method and practice of SHUTTING DOWN the physical body and brain, by self control and effort, so that one's true inner SELF can disassociate from the physical body-brain and remember (revelation) its true and natural prior state as spirit.

— THE SECOND —

(Second Heaven)

THE SECOND LEVEL, STAGE OR PHASE.

The second shift or movement of consciousness (spiritual-self-awareness) to its next location is when SELF awareness (the real you) that was once located in the center of the head (brain) far behind the face and eyes now dissociated and no longer identified with the physical body-brain (divine animal) DROPS DOWN or SHIFTS to the SOLAR PLEXUS area of the physical body and resides there in and as the new center of consciousness, i.e., the core, source, heart (not the blood pumping organ) but also at the same time still is connected to the original center in the center of the head (brain). (In the Zen tradition it is said "That when the apple is ripe it will fall".)

## 39. Enlightenment

— THE THIRD —

(Third Heaven)

LEVEL, STAGE OR PHASE.

In the third movement or shift of consciousness, the self awareness that was centered in the solar plexus area, the heart, shifts and expands to a new center and condition and last phase outside and above the physical body just above the head, where the universal SELF (the real and eternal you) becomes the source and creative force of all creation on all levels including the physical body (divine animal) that you manifest in order to bring the real living God into the manifest realm for the sake of all others. The third or last level is called Sahaj Samadhi in Hinduism. The third heaven in Christianity and Gnosticism, the heaven of utmost purity in Taoism, and THE FINAL SURRENDER TO GOD in the Islam religion.

On a billion candles, the living flame on each of them is one and the same as the original flame that gave them life.

### SPIRITUAL ENLIGHTENMENT

(Basic Definition)

— FIRST VERSION —

(Not first level or phase)

Spiritual enlightenment is:

Consciousness in the state of self-awareness (the real you) prior to and inner witness to the outer physical body and brain and the witness (the real eternal you) observes that the body and brain (the divine animal) CREATES ITS OWN SEPARATE ENTITY and PERSON-ALITY which states, I am not God, but was created by God for the purpose of self achievement and self glorification and to create my own world as I choose and be the master of my own destiny.

— SECOND VERSION —

(Not second level)

Spiritual enlightenment is:

Pure consciousness in a state of self-awareness eternally existing and ever present in the eternal and never changing here and now, and which is also PRIOR to and inner witness to the outer physical body and brain (the divine animal) with its own thoughts and memory and which SELF CREATES ITS OWN SEPARATE ENTITY and MENTALITY which is the psychological person-ality, the ego-I condition.

— THIRD VERSION —

(Not third level or phase)

Spiritual enlightenment is:

Consciousness, which is pure SELF-AWARENESS, disassociated and *no longer identified* with the body-brain RETURNED to its original and natural state and condition, eternally existing, with all knowledge and wisdom, in the never changing ETERNAL NOW without past, present (not subject to the present creation, the outside world) or future, and is also an inner silent witness (first two stages only) to the outer physical body- brain (the divine animal) with all of its thoughts, memory, concepts, habits and conditioning which self creates, and self generates its own individual entity and person-ality, i.e., the psychological ego-I which is in fact a concept, because, the physical body-brain (the divine animal) has its own self-consciousness, (different from spiritual SELF AWARENESS) and is aware of itself as a living organism SEPARATE from the OTHER living organisms and objects INCLUDING the mystery of *something* called God.